



# Environmental & Sustainability Studies

## Emphasis: Food Systems & Community

2025 -2026

BA/BS  
55 credits

**C-or better  
in all major courses**

**2.25 Cum.  
GPA**

**12 credit hours total can be transferred from another  
university, only 7 credit hours of those can be lower division**

## INTRODUCTORY CORE:

*Complete ALL courses:*

- ENVST 2050:** Intro to Environmental Science (3) (PS or LS)  
OR AP Env. Science score 3 or higher
- ENVST 2051:** Environmental Science Lab (1)
- ENV 2100:** Environment and Society (3) (BF)
- ENVST 2700:** Professions in Sustainability (2)

## LEARNING OUTCOMES:

1. Investigate wide-ranging historical contexts and sociological impacts of diverse food systems, from regenerative to agro-industrial.
2. Draw on diverse theoretical perspectives to evaluate complex food systems.
3. Make use of community informed knowledges to enact principles of socially just, ecologically sustainable, and healthy food systems.

## UPPER DIVISION CORE:

*Complete ALL courses:*

- ENVST/GEOG 3210:** Global Climate Change (3)
- \*ENVST 3364:** Challenges to Global Sustainability (3) (IR)
- \*ENVST 3365:** Environmental Justice (3)(DV)

**Prerequisites are indicated with an \***

### ENVST Policy (Select One):

- POLS 3390:** Intro Enviro/Sustainability Policy (3)
- POLS 5322:** Environmental Policy (3)

## FINAL YEAR REQUIREMENTS:

*All intro & upper division core classes above are required BEFORE you can complete the two classes below*

*Application is required to sign up for these courses:*

*Select ONE:*

- \*ENVST 4800:** Internship: Env. & Sustainability Studies
- \*ENVST 4999:** Honors Thesis/Project (Required of HBS/HBA)
- \*ENVST 5000:** Undergraduate Research

**ENVST 5700 (Required):** Preparing for Life After Graduation (1)

**Prerequisites are indicated with an \***

## CAN BE TAKEN AT ANY TIME:

**Prerequisites are indicated with an \***

### STATISTICS (select one):

- COMM 3710:** Quant Comms Res (QI)
- FCS 3210:** Statistics in FCS (QI)
- \*GEOG 3020:** Geog Analysis (QI)
- SOC 3112:** Social Statistics (QI)

### WRITING (select one):

- CMP 4260:** Land, Law, & Culture (CW)
- HONOR 3200:** Writing in Research Univ (CW)
- GNDP 3100:** Medusa and Manifestos (CW)
- MGT 3810:** Business & Prof Comms (CW)
- WRTG 3014:** Scientific Writing (CW)
- WRTG 3420:** Environmental Writing (CW)

### METHODS (select one):

- ANTH 5234:** Population Issues (SUST, QI)
- COMM 4570:** Visual Design & Editing
- ENV 3030:** Intro Qualitative Methods
- FCS 3200:** Research Methods in FCS (CW)
- GEOG 3100:** Intro to GIS & Cartography (QI)
- POLS 3001:** Political Analysis (QI)
- SOC 3111:** Research Methods (DI, CW)



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## EMPHASIS CORE REQUIREMENTS:

Prerequisites are indicated with an \*

*Students must take a minimum of 3 classes from their emphasis electives list (though all 5 classes in this section may be completed)*

**ENVST 3280:** Organic Gardening  
**ENV 3430:** Food & the Environment  
**ENV 5/6558:** Food Sovereignty and Community Resilience  
**ANTH 3486:** Human Ecology  
**NUIP 3620:** Cultural Aspects of Food (IR)



## EMPHASIS ELECTIVE REQUIREMENTS:

Prerequisites are indicated with an \*

*Maximum of 4 courses can come from the ENVST General Electives list (courses listed above may also be counted towards elective credit)*

**ANTH/GEOG 2400:** Climate Change & Lost Cities (BF or PS)  
**ATMOS 5400:** The Climate System  
**BENN 1020:** Pathways to Community Engagement  
**BENN 2030:** Intro to Civic Leadership  
**BIOL 1620:** Fundamentals of Biology II  
**BIOL 3470:** Conservation Biology  
**\*BIOL 3340:** Intro to Plant Biology  
**\*BIOL 3410:** Ecology & Evolution  
**BIOL 5440:** Urban Ecology  
**BIOL 5460:** Plant Ecology in a Changing World  
**CHEM 1210:** General Chemistry I (PS)  
**COMM 2360:** Consuming the Earth  
**COMM 3115:** Communicating Science, Health, Envi & Risk  
**COMM 5360:** Environmental Communication  
**ECON 3250:** Intro to Env. & Natural Resource Economics  
**\*ECON 5250:** Environmental & Natural Resource Economics  
**ED PS 5068:** Meditation and Stress Reduction  
**ENGL 3/5080:** Studies in Environmental Literature  
**ENV 2310:** Intro to Natural Hazards  
**ENV 3330:** Urban Environments  
**ENV 3/5368:** Our Energy Futures  
**ETHNC 4840:** Environmental Racism

**FCS 5450:** Nonprofit Community Organizations  
**FCS 5630:** Healthy Communities  
**FCS 5730:** Community & Environmental Change  
**GEOG 3200:** Geomorphology: Mountains, Rivers, Deserts  
**GEOG 3270:** Biogeography: Global Patterns of Life  
**GEOG 3290:** Water Resources  
**GEOG 3368:** Energy Choices in the 21<sup>st</sup> Century  
**GEOG 3385:** Federal Land Management  
**GEOG 3/5400:** Population Geography  
**H EDU 2020:** Community Health Issues  
**HIST 4380:** US Environmental History  
**HIST 3910:** Indigenous Land Stewardship  
**\*HONOR 3245:** Environmental Change  
**NUIP 1020:** Scientific Foundations of Nutrition (LS)  
**PBHLT 4500:** Public Health: A Global Perspective (IR)  
**PHIL 3530:** Environmental Ethics  
**PHIL 5530:** Environmental Philosophy  
**POLS 2500:** Inequality in the US  
**SOC 3480:** Environmental Sociology (IR)  
**SOC 3671:** Medical Sociology  
**SOC 3720:** Environmental Health Disparities  
**SOC 3769:** Disparities in Health (DV)

## SCHOLARSHIPS:

Thanks to the generous donations given by the industry and alumni, the ENVST program offers several scholarships to incoming and continuing students.

To apply, please visit:  
[csbs.utah.edu/students/scholarships/index.php](https://csbs.utah.edu/students/scholarships/index.php)

## CAREER OUTLOOK:

Urban Farmer  
Food Policy Advocate/Council Member  
City Sustainability Food Manager  
Public Health Professional  
Farmer's Market Manager/Sales  
Farm Crew Member  
Harvest Manager



STEM Education



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